

## **WH Annual Report**

June 1, 2008 - May 31, 2009

**Women's Health (WH) DPG** has been working to encourage the active engagement of as many members as possible through the enhanced website at [www.womenshealthdpg.org](http://www.womenshealthdpg.org), the listserv and the recruitment of members to participate on various committees, task forces and special projects. As always, we continue to provide members with personal and professional development opportunities to excel and grow through networking, leadership development and specialization.

### **Membership**

- Membership as of May 31, 2009 was 837.

### **Administration**

- The Agency on Health Related Quality (AHRQ) evidence topic addressing maternal weight gain and maternal/child health outcomes submitted by ADA in partnership with WH was published in 2008. The evidence report/technology assessment, no. 168 "Outcomes of Maternal Weight Gain" can be found at <http://www.ahrq.gov/downloads/pub/evidence/pdf/admaternal/admaternal.pdf>.
- A research and public policy session on this report was presented at FNCE 2008 in Chicago, IL by Anna Maria Siega-Riz, PhD, RD and WH DPG Past Chair Jeanne Blankenship, MS RD. The CPE level II session entitled "Maternal Weight Gain: The Scientific Evidence" was held from 12-1:30 pm on Tuesday, Oct 28, 2008. The presentations and handouts for that session can be found at: [http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/education\\_19602\\_ENU\\_HTML.htm](http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/education_19602_ENU_HTML.htm).
- WH DPG was represented by elected and/or appointed officers at the following meetings:
  - ADA Food & Nutrition Conference & Expo (FNCE), Chicago, IL, October 2008
  - Annual ADA Leadership Institute, Dallas, Texas, June 2008
  - ADA Public Policy Workshop, February 2009, Web-based meeting
  - ADA opening NASDAQ Stock Market, March 2009
- Member Kathleen Pellechia, RD, represented the WH DPG on the committee to update the ADA's Position Paper on Promoting & Supporting Breastfeeding to be published Nov, 2009. Member Lisa Hamlett, MS, RD, IBCLC, served as a reviewer and member Egondu Onuoha, MS, RD, IBCLC, served as a content advisor on this paper.
- WH collaborated with the Public Health and Community Nutrition DPG to staff the Mother's Room at FNCE in Chicago, IL.

### **Leadership**

Officers for 2008-09 year:

- Chair: Jamillah Hoy-Rosas, MPH, RD, CDE
- Chair-elect: Denise Andersen, MS, RD, LD
- Treasurer: Nancy Turnier-Lamoureaux, MS, RD
- Secretary: Diane Whelan, MPH, RD
- Past Chair: Cathy Fagen, MA, RD
- Nominating Committee Chair: Gina Jarman-Hill, PhD, RD

## **Financial Outcomes**

- Expenses totaled: \$12,329.00
- Revenues totaled: \$17,751.00

## **Member Services**

- WH provided one student FNCE stipend in the amount of \$100.00.
- WH DPG Electronic Mailing List (EML) continued to be a great member service with over 200 members participating.
- WH DPG had increased traffic to its web site: [www.womenshealthdpg.org](http://www.womenshealthdpg.org) by members seeking past issues of newsletters, teleconference slides, and other resources.
- WH DPG began using Vertical Direct to send periodic e-blasts to members.

## **Continuing Education and Professional Development**

- WH DPG sponsored the FNCE session "'Hormonal Help: Functional Foods for Women of Reproductive Age" presented on Tuesday Oct 28, 2008 from 9:45 AM - 11:15 AM in Chicago, IL. Featured speakers were Siddika Kasim-Karaka, MD and Gita Patel, MS, RD.
- WH DPG began a series of teleconferences hosted by members on topics in women's health:
  - April Rudat, MsED, RD, LDN presenting on Breastfeeding Multiples in October, 2008
  - Ann Marie Barilla, RD, LDN presented on the Nutrition Care Process in Pregnancy & Lactation in December, 2008
  - Gita Patel, MS, RD, CDE, LD, presented on Functional Foods in Feb, 2009
  - Judy Simon, MS, RD, CDE, CHES presented on Nutrition & Fertility in May, 2009

## **Publications**

The WH DPG has produced many outstanding publications and continued to work on future publications. Featured newsletter topics included:

### **• Summer 2008**

Recognition and Treatment Approaches for Polycystic Ovary Syndrome  
Ten Important Things to Know About Polycystic Ovary Syndrome

### **• Fall 2008**

Dietary Supplements: Research, Regulations and Resources  
Botanical Dietary Supplements: Focus on Women's Health  
The Choline Gap: A Public Health Issue Among Special Populations

### **• Winter 2009**

Functional Foods for Hormonal Health  
The Role of the Registered Dietitian (RD) in Fertility Treatment  
Soyfoods: Functional Foods for Women's Health: A Focus on Breast Cancer and Fertility

### **• Spring 2009**

Iodine and Reproductive Nutrition  
Business Case for Breastfeeding

## **Alliances/Networks**

- Continued WH DPG networks with 3 professional organizations: International Lactation Consultant Association (ILCA), represented by member Ginger Carney, RD IBCLC (This network is also supported by the Pediatric Nutrition DPG), La Leche League (LLL), represented by member Judith Roepke, PhD, RD and International Board of Lactation Consultant Examiners (IBLCE), represented by member Claire Dalidowitz, MS, MA, RD, IBCLC

## **Corporate Sponsorship**

- United Soybean Board sponsored the Membership Breakfast Reception at FNCE 2008, Chicago, IL